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LP2 Communication Style Reaction Paper

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Communication Style Reaction Paper

An effective way to communicate is not to hold anything back. It can just cause more problems if you don’t express what’s really bothering you. If you don’t address a problem that is irritating someone, the situation can continue to get worse. Another way that I find affective is to praise someone when they are doing a good job, it shows that you notice their behavior and appreciate it. At the same time if you notice someone doing something wrong I believe you should also address that in a respectful manner. Explaining what they did wrong, and a way to solve the problem. The last thing needed in a facility is to keep it all to yourself and get stressed out about it. If you are working for a descent company they will feel good about letting you know the problems.

Reading about body language and communication skills I found very informative. I did a research on the same topic when I was in high school, so ever since then I definitely watch my body language. I love to talk with my hands, so when I’m talking to someone about a serious issue, I try to either put my hands behind my back (which I usually never do) or I talk with my hands because I’m not into the conversation. Through the survey of communication I found that I am very open with my communication when things are going well. I found that when I am undergoing stress I tend to be more blind and hidden. I thought about some situations with my communication skills, where I didn’t know I was stressed and I was very blind to how I was communicating, so I found that very interesting.

Barriers to communication I feel come from being too nice. If that is even possible, some managers would prefer to be friends and don’t want to upset you and think differently if approached by a situation. On the other hand there are people out there who take things way to seriously. For example if they get addressed with a problem they take if personally and then it affects their work. If a manager is approaching you on something, it usually means that they want to help you and get you to improve.

I sat down with my best friend also my co-worker the other day and discussed moving to a new daycare. The owner of our current center just bought a new center and is giving her current employees the option of moving first before taking any new applications. We are both very strong minded people, so when one of us has a concerning problem regarding the new center, it’s not a problem for the other. Then we will try to persuade the other that we were the one that was right. Being that we are very strong minded it was hard to have a conversation feeling that you were the one that had better points. We both have children, so on that aspect we were agreed on many points. We’ll do whatever is best for our kids, and we figured out it was best to stay where you currently are. We both had positive and negatives, they weren’t the same but they both had us make the same decision.

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| **Scoring Guide Criteria** | **Self-Score** | **Instructor Score** |
| Reaction paper briefly describes how to utilize effective communication techniques. | 0 1 2 3 4 | 0 1 2 3 4 |
| Reaction paper identifies your communication style and states how your personal pattern affected that style. Paper includes a discussion of what you learned about yourself in the readings and learning plan activities related to body language and communication. | 0 1 2 3 4 | 0 1 2 3 4 |
| Reaction paper identifies the barriers to the communication process. | 0 1 2 3 4 | 0 1 2 3 4 |
| Reaction paper identifies personality traits and how they affect the communication process and how you can be more aware of how this affects others. | 0 1 2 3 4 | 0 1 2 3 4 |
| Paper is neat and well organized, and applies standard rules of language structure including grammar, spelling and punctuation. | No 0 Yes 1 2 | No 0 Yes 1 2 |
| Scoring guide and self-assessment is included with submission of assessment. (*Copy and paste this scoring guide or save it and type in this document. Highlight, bold, or type in the number you think you have earned in the next column*). | No 0 Yes 1 2 | No 0 Yes 1 2 |
| Document is saved with the students name as indicated in syllabus and correctly submitted to the grade book through the learning plan. | No 0 Yes 1 2 | No 0 Yes 1 2 |
| Assessment was submitted on time. *Additional* *points may be deducted for late work as indicated in the syllabus.* | No 0 Yes 1 2 | No 0 Yes 1 2 |
| Total Points and Comments if necessary: | \_\_\_\_19\_\_\_\_/24 | \_\_\_\_\_\_\_\_/24 |